

## Professor Anil Thapliyal

**Executive Director**  
**eMental Health International Collaborative**  
**(eMHIC)**

<https://emhicglobal.com/>



Professor Anil Thapliyal is a distinguished leader in the field of digital mental health, currently serving as the Executive Director of the eMental Health International Collaborative (eMHIC). He is dedicated to enhancing global mental health through innovative digital solutions that prioritise the needs of service users, their families, and caregivers. His philosophy emphasises that “if digital mental health solutions do not work for those with lived experience, their families, and carers, then they do not work at all,” reflecting a user-centric approach that drives his initiatives.

He has been appointed to the core group of international experts advising the United Nations Deputy Secretary-General Amina J. Mohammed in developing an implementation plan for the roll-out of Mental Health and Psychosocial support services (MHPSS) in Humanitarian Settings. He has served as an advisor to the special committees at the Department of Prime Minister and Cabinet in New Zealand on Mental Health and Data & Digital. He is also a key member of UNICEF's Expert Advisory Group on Adolescent and Youth Digital Mental Health. In 2020, he was appointed a Leadership Fellow at St George's House, Windsor Castle, Berkshire, UK.

eMHIC, the organisation he founded and currently leads, is a registered mental health charity and widely regarded as the world's leading Think Tank and as the global peak body, in the niche digital mental health domain for promoting international collaboration as a key method to efficiently develop and implement safe and effective Digital Mental health solutions to improve timely access to mental health information, care, support and treatment.

He is supported by and works strategically with the governments of Canada, the United States, Singapore, Australia, New Zealand, England, Scotland, Ireland, Wales, Denmark, Sweden, the Netherlands, and the Philippines. This demonstrates the extensive influence and trust he commands, highlighting the global impact. eMHIC also works strategically with global peak bodies such as the United Nations on mental health in humanitarian settings, the World Health Organisation, UNICEF on implementing digital mental health for adolescents and Youth, the World

Federation of Public Health Associations, and the APEC Digital Hub for Mental Health.

He is one of the invited subject matter expert speakers at the 6th Global Mental Health Ministerial Summit organised by the United Nations in Doha, Qatar on 30th September 2025. He will be speaking on "From user-centric digital mental health innovations to healthcare integration: Designing effective mental health policies" at this ministerial summit.